## MAYOR OF LONDON



## Compendium of adaptation and resilience measures for schools

## Introduction

## Compendium of adaptation and resilience measures for schools

To inform and add value to the GLA Climate Adaptation Plans (CAPs) for Schools project, Arup has developed a 'Compendium of adaptation and resilience measures for schools'.

The Compendium sets out five categories of physical climate change adaptation and resilience measures relevant to schools in London, which can help to address the three main climate change impacts and risks of overheating, flooding and water scarcity.

Physical climate change adaptation and resilience measures are measures which relate to the form and function of school buildings and school grounds, and require a combination of capital funding, professional technical expertise, and time to install.

Measures have been included in the Compendium informed by the following criteria:

- a presumption in favour of passive design, nature-based solutions, and adherence to the 'cooling hierarchy';
- provides a significant reduction in climate change risk, addresses more than one climate change risk and has other environmental, social and economic co-benefits;
- makes a positive difference to educational outcomes, inequalities, and the health, safety and wellbeing of students, staff and families; and
- would be cost effective, represent value for money, and minimise disruption on site during the academic year.

Indicative capital cost ranges have been provided for all measures, along with consideration of installation and maintenance requirements. It should be noted that the full costs of professional fees required to plan, design and install bespoke versions of measures at each school have not been included.

The five categories within the Compendium are listed below and contain 41 physical measures in total.

These categories and measures have been developed from existing good practice technical guidance and an understanding of the most relevant measures for schools based on the site surveys.

- Sustainable Drainage Systems (SuDS) measures: 10 measures
- Hard flood resilience measures:

6 measures

- Ventilation and cooling measures: 12 measures
- Solar shading measures:

11 measures

- Water efficiency measures:

2 measures

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Sustainable Drainage (SuDS) measures

## A. Sustainable Drainage (SuDS) measures

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## A. SuDS measures

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Sustainable Drainage (SuDS) measures


## A. SuDS measures

## Descriptions of SuDS measures

A. 1

Rain garden: linear

## Illustrative sketch

of measure



Planted linear areas in shallow depressions, with well-draining and engineered soil to encourage infiltration. They help remove pollution as well as reduce surface runoff to reduce the risk of exceeding drainage capacities and causing flooding.
A. 2

Rain garden: non-linear


Rain gardens are shallow landscaped depressions that are designed to capture runoff from school roofs or hard surfaces. They can be planted with a wide range of low-maintenance plants that can survive occasional storms or heavy rainfall.
A. 3

Swale


A swale is a shallow ditch with a flat base and gently sloping sides, that can store, transport and absorb runoff, and can be vegetated with grass or other plants. They are best located in areas of schools site that aren't frequently used.

## A. SuDS measures

## Costs of SuDS measures



## A. SuDS measures

Descriptions of SuDS measures


## A. SuDS measures

## Costs of SuDS measures



## A. SuDS measures

Descriptions of SuDS measures


## A. SuDS measures

## Costs of SuDS measures



## A. SuDS measures

## Descriptions of SDS measures



## A. SuDS measures

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Hard flood resilience measures

## B. Hard flood resilience measures

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Hard flood resilience measures


## B. Hard flood resilience measures

## Descriptions of hard flood resilience measures



## B. Hard flood resilience measures

Costs of hard flood resilience measures


## B. Hard flood resilience measures

Descriptions of hard flood resilience measures


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Ventilation and cooling measures

# C. Ventilation and cooling measures 

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## C. Ventilation and cooling measures

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C. 4

Natural ventilation:
skylights
C. 8

Insulation: walls and roofs
C. 2

Natural ventilation: wind catchers


Ventilate weatherproof awnings

C. 3

Natural ventilation: grill vents

C. 9

Cool surfaces

C. 10

Cool roof

C. 5

Natural ventilation: openable windows
C. 11

Planted beds

## Optional grill

C. 6

Natural ventilation:
ceiling fans

C. 12

Green roof

## C. Ventilation and cooling measures

Descriptions of ventilation and cooling measures


Illustrative sketch of adaptation measure
 purpose only

## Description of

 measureNatural stack ventilation uses extract vents in warm areas to suck the air out via outlet vents. These tend to be installed on roofs, with warm air escaping to encourage cooler air to enter on lower floors. This improves airflow and thermal comfort.
C. 2

Natural ventilation: wind catchers


Windcatchers harness wind blowing in any direction for ventilation. They are effective and energy-efficient for indoor cooling and avoid night security risks important for temperature regulation, particularly in warm or well-insulated buildings.
C. 3

Natural ventilation: grill vents


Small vents that can increase air flow into and out of classrooms or other internal rooms to reduce thermal discomfort. Noise-proof vents are also available to reduce noise travelling into classrooms.

## C. Ventilation and cooling measures

## Costs of ventilation and cooling measures



## C. Ventilation and cooling measures

Descriptions of ventilation and cooling measures


## C. Ventilation and cooling measures

## Costs of ventilation and cooling measures



## C. Ventilation and cooling measures

Descriptions of ventilation and cooling measures


## C. Ventilation and cooling measures

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## C. Ventilation and cooling measures

Description of ventilation and cooling measures


## C. Ventilation and cooling measures

## Costs of ventilation and cooling measures



## D. Solar shading measures

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D. 6

Green wal

Solar shading measures

## D. Solar shading measures

Descriptions of solar shading measures


## D. Solar shading measures

Costs of solar shading measures


## D. Solar shading measures

Descriptions of solar shading measures


## D. Solar shading measures

Costs of solar shading measures



## D. Solar shading measures

## Descriptions of solar shading measures

D. 7

Louvres or brise soleil
Illustrative sketch
of measure

Sketches and reference
images for illustrative

D. 8

Awning or canopy

D. 9

Internal blinds


Description of measure

Brise soleil are fixed horizontal shading devices and are best placed on south facing facades of schools. Louvres are fixed vertical shading devices and are best placed on schools facades facing east or west.

Awnings or canopies are relatively easy to-install shade structures for school buildings. They are best placed on facades above ground floor windows or on single story school buildings. They need to be well ventilated to avoid overheating.

Internal blinds can partially or fully block out direct sunlight, reducing overheating risk or glare. They are effective in south-facing classrooms. On hot, sunny days, blind usage may need to be balanced with maximising window ventilation.

## D. Solar shading measures

## Costs of solar shading measures



## D. Solar shading measures

## Descriptions of solar shading measures



## D. Solar shading measures

Costs of solar shading measures


## Water efficiency measures

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## E. Water efficiency measures

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## E. Water efficiency measures

## Descriptions of water efficiency measures



## E. Water efficiency measures

Costs of water efficiency measures


